EXECUTIVE ORDER NO. 29

Providing for the Establishment of the
Governor’s Committee on Physical Fitness

I, Wendell R. Anderson, Governor of the State of Minnesota, by virtue of the authority vested in me by the Constitution and applicable statutes, hereby issue this Executive Order:

WHEREAS, physical fitness is a state of physical well-being which adds to enthusiasm for living: and

WHEREAS, fitness is a dynamic, constantly changing quality, the development of which should be continuous and satisfying from early infancy through maturity; and;

WHEREAS, fitness is maintained at a high level only if motivation is continuously present; and

WHEREAS, there is a desirable level of total fitness for each individual at each developmental stage;

NOW THEREFORE, I order:

1. the formation of the Governor’s Committee on Physical Fitness to plan, encourage, develop and coordinate Minnesota’s physical fitness program,

2. the Committee be composed of members appointed by the Governor, one-half for a one year term and one-half for a two year term.

3. the Committee to enlist the support of citizens, civic groups, professional associations, amateur and professional sports, voluntary organizations, and educational agencies in an effort to promote and improve physical fitness programs for all citizens.

4. the Committee to serve as an agency for recognizing outstanding developments, contributions and achievements in physical fitness.

5. the Committee to sponsor physical fitness work shops, clinics, conferences and other special emphasis activities.
This order shall be effective on the date of signature.

IN TESTIMONY WHEREOF, I hereunto set my hand on this 9th day of June, 1972.

Wendell R. Anderson

Filed according to Law:
Arlen I. Erdahl
Secretary of State