

al opportunities • interscholastic athletic programs • fine art  
educational opportunities • interscholastic athletic programs • fine arts programs  
leadership • support • sportsmanship • equal opportunity • respect  
leadership • support • sportsmanship • equal opportunity • respect



MINNESOTA STATE HIGH SCHOOL LEAGUE

# ANNUAL REPORT

2005-2006



# 2005-06 MSHSL BOARD OF DIRECTORS



**Todd Lundberg**  
Houston  
President



**Jaime Sherwood**  
Wayzata  
Vice President



**Warren Keller**  
Warroad  
Treasurer



**Eric Anderson**  
Cambridge-Isanti



**Lawrence Ellis**  
Fridley



**Michael Fahey**  
Carver



**Michael Hammes**  
Mazeppa



**Glen Hasselberg**  
Staples-Motley



**Brad Johnson**  
Rushford-Peterson



**Lou Kanavati**  
Saint Paul



**Mark Kuisle**  
Rochester Century



**Becky Leuer**  
North Branch



**Steve Niklaus**  
Annandale



**Al Olson**  
Cottage Grove



**Cathy Peterson**  
Maple Grove



**Mark Quinlan**  
Centennial, Circle Pines



**Dr. Polly Reikowski**  
Eagan



**Todd Selk**  
Brainerd



**Gene Sullivan**  
Grey Eagle



**Darrel Ulferts**  
Southwest Minnesota  
Christian, Edgerton

## 2005-2006 REPRESENTATIVE ASSEMBLY DELEGATES

*The rulemaking body of the Minnesota State High School League*

### CLASS A REGIONS

#### Region 1A

1. John Ostrowski, Athletic Director, Dover-Eyota
2. Jerry Reker, Principal, Kasson-Mantorville
3. Dave Runningen, Coach, Houston

#### Region 2A

4. Dan Gardner, Athletic Director, Belle Plaine
5. Craig Morgan, Athletic Director, Minnesota Valley Lutheran, New Ulm
6. Mindy Sparby, Athletic Director, New Richland-H-E-G

#### Region 3A

7. Bob Grey, Athletic Director, Montevideo
8. Bill Tauer, Athletic Director, Tracy-Milroy-Balaton
9. Steve Wiertzema, Athletic Director, Hills-Beaver Creek

#### Region 4A

10. Mike Aurich, Athletic Director, Concordia Academy, Roseville
11. Brian Budish, Athletic Director, Meadow Creek Christian, Andover
12. Steve Eklund, School Board, Braham

#### Region 5A

13. Rick Fischer, Athletic Director, Sauk Centre
14. Emmett Keenan, Athletic Director, St. Cloud Cathedral
15. Dave Schroeder, Athletic Director, Maple Lake

#### Region 6A

16. Jean Lopez, Coach, Dilworth-Glyndon-Felton
17. Michael McCarney, Athletic Director, Battle Lake
18. Tom Trisko, Principal/AD, Brandon

#### Region 7A

19. Kathy Fredricksen, Athletic Director, Moose Lake
20. Willie Spelts, Athletic Director, Virginia
21. Roger Koster, Athletic Director, Silver Bay

#### Region 8A

22. John Schumacher, Athletic Director, Park Rapids
23. Joe McArthur, School Board, Waubun
24. Eldon Sparby, Principal, Greenbush-Middle River

### CLASS AA REGIONS

#### Region 1AA

25. Byron Olson, Athletic Director, Lakeville North
26. Bruce Santerre, Principal, Northfield
27. Ken Hubert, Activities Director, Faribault

#### Region 2AA

28. Jeff Jeska, Activities Director, Waconia
29. Todd Waterbury, Activities Director, Mankato East
30. Mark Woodbury, Activities Director, New Ulm

#### Region 3AA

31. Tom Conlon, School Board, St. Paul
32. Denise Quinlan, Assistant Superintendent, St. Paul
33. Mike Sjoberg, Coach, St. Thomas Academy, Mendota Heights

#### Region 4AA

34. Erin Herman, Assistant Principal, Hill-Murray, Maplewood
35. Jenny Loeck, Activities Director, Blaine
36. Bob Madison, Athletic Director, Mounds View

#### Region 5AA

37. Jamison Rusthoven, Athletic Director, Minneapolis Southwest
38. Adam Holm, Athletic Director, Osseo
39. Mark Robertson, Superintendent, Fridley

#### Region 6AA

40. Kurt Habeck, Coach, Eastview, Apple Valley
41. Mary Haugen, Activities Director, Prior Lake
42. Dan Johnson, Activities Director, Hopkins

#### Region 7AA

43. Ron Larson, Athletic Director, St. Francis
44. William Westholm, Superintendent Designee, Duluth
45. Joe Silko, Principal, Grand Rapids

#### Region 8AA

46. Harvey Crable, Activities Director, Bemidji
47. Lisa Johnson, Activities Director, Monticello
48. Mike Olson, Activities Director, Little Falls

## MSHSL Executive Office

Executive Director . . . . . Dave Stead  
Administrative Assistant . . . . . Kristi Vesall  
Associate Director . . . . . Lisa Lissimore  
Administrative Assistant . . . . . Sheila Robinson  
Associate Director . . . . . Craig Perry  
Administrative Assistant . . . . . Ruth Atkins  
Associate Director . . . . . Jody Redman  
Administrative Assistant . . . . . Nancy Etter

Associate Director . . . . . Kevin Merkle  
Administrative Assistant . . . . . Amanda Johnson  
Coordinator . . . . . Katie Vanderpoel  
Director of Information . . . . . Howard Voigt  
Assistant . . . . . Ellen Giloy  
Assistant Director . . . . . Chris Franson  
Programmer . . . . . John Sheehan  
Web Site Coordinator . . . . . Michelle Jackson

Assistant Director . . . . . Richard Matter  
Accounting Assistant . . . . . Sharon Bahma  
Ticket Assistant . . . . . Nancy Myers  
Office Manager . . . . . Betty Emerson  
Administrative Assistant . . . . . Sandra Lindsey  
Receptionist . . . . . Yvonne Walsh

# PRESIDENT'S REPORT



The Minnesota State High School League is extremely well respected nationwide. The members of the Board of Directors continually focus on the educational opportunities provided to student-athletes and fine arts participants, and they provide leadership and support for member schools in all League-related matters.

A number of major issues were approved by the Board of Directors during the 2005-06 school year. Some of the most significant ones include:

- An agreement for the League to become a charter member of the Sports Alliance of Minnesota
- A ten-year contract with Fairview Health Services, the Institute for Athletic Medicine, and Minnesota Sports Medicine
- A change from quarters to halves in basketball
- A recommendation from the Officials Ad Hoc Committee which will lead to the establishment of promotional levels for officials, clinics for officials, alternative methods to deliver rules meetings, and a requirement to have registered officials for track and field meets starting in 2007
- The approval of Hamline University as the State Track and Field site
- The use of video replay for the State Girls' and Boys' Basketball and Hockey Tournaments
- Various changes to the rules for adapted athletics
- Quarterfinal football games being played on an artificial turf surface at neutral sites beginning in 2007
- A rule change to allow the libero player to serve in girls' volleyball
- The approval to expend additional funds to produce educational materials on the physiological effects of alcohol use by teenagers
- The successful legislative initiative to remove the state sales tax on tournament tickets and the formation of the MSHSL Foundation
- The approval of a Strategic Plan that will guide the Board of Directors and member schools for the next three years
- The approval of the Classification Committee report which will address the manner in which enrollment is determined for the placement of schools into administrative regions and competitive sections

The Board of Directors has issued their *ninth* Annual Report in the format you are currently reading; developed goals which were successfully accomplished during the year; discussed competitive sections and developed a placement and enrollment process for all activities; continued the expansion of the Web site to ensure more immediate and accurate communication to the member schools and the general public; sponsored the Hall of Fame, Triple "A", Spotlight on Scholarship, Challenge Cup, and ExCEL recognition programs; and solicited input from member schools at Area Meetings throughout the state that were attended by more than 450 school representatives during both the fall and spring of the year.

The 2006-07 school year will most certainly continue the challenges to member schools and activity participants as district and personal financial constraints cause people to more closely evaluate their available resources. The Board of Directors and League staff will work with allied organizations to support the values students receive from participation in educational athletic and fine arts programs and will continue to provide leadership for school personnel throughout the state.

THANK YOU for the unending support you provide to the thousands of athletic and fine arts participants who are served by the activity programs in your school that teach values and fair competition.

A handwritten signature in blue ink that reads "Todd Lundberg". The signature is written in a cursive, flowing style.

Todd Lundberg, Board of Directors  
President, 2005-06

## MISSION

The Minnesota State High School League is a non-profit, voluntary association of public and private schools with a history of service to Minnesota youth since 1916. Its mission is to provide educational opportunities through interscholastic athletic and fine arts programs for students and leadership and support for member schools.

## GOVERNING VALUES

To achieve its mission, the League adheres to these governing values:

- equity, fairness, and justice
- activities that support the academic mission of schools
- fair play and honorable competition
- activities that support healthy lifestyles
- treating people with dignity and respect

## HISTORY

The Minnesota State High School League was first organized in 1916 by a group of local superintendents. Then called the State High School Athletic Association, its mission was to promote amateur sports for boys and establish uniform rules for interscholastic contests.

In 1929, the Association broadened its scope to include speech and debate, and the Association's name changed to the Minnesota State High School League.

In 1960, the League incorporated under Minnesota Law as a non-profit, voluntary association of high schools. The League added music to its list of sponsored activities in 1965 and girls' athletic programs in 1969.

In 1973, Minnesota statutes provided that membership in the League be available to any high school in Minnesota that satisfied the compulsory attendance requirement under Minnesota Law. Thirty-seven non-public schools joined the League the next year.

During the 1990's the League became the first activity association in the nation to sponsor girls' ice hockey and adapted athletic programs for students with disabilities. The League also established a student advisory committee to provide students with a voice in League decisions.

For 90 years, the Minnesota State High School League, through the cooperative efforts of its member schools, has provided opportunities for students to participate on a fair and equitable basis in interscholastic athletic and fine arts activities.

## SERVICES TO MEMBER SCHOOLS

The Minnesota State High School League is a service organization providing its membership with publications, training opportunities, recognition programs, tournaments, rules interpretation meetings, and many other services that assist in the administration of interscholastic activities.

The League serves students first and foremost, providing educational experiences through involvement in athletics and the arts. Interscholastic competition leads to state tournament competition. Students also are acknowledged through several recognition programs for academic achievements, community service, and leadership.

The League serves its member schools by providing competitive environments with rules that support fair play, dignity and respect. School personnel, from elected local school board members to superintendents, from

principals to athletic/activity directors, are invited twice annually to area meetings throughout the state to share concerns and discuss issues.

The League serves coaches and officials, both integral to equitable competition, by providing educational and training opportunities. Coaches can learn about the science of sport, first aid, and the rules that govern both student eligibility and the activities they oversee. Officials are provided with annual meetings to review contest rules and are provided opportunities for further training in the mechanics of officiating.

The League serves the public in general as a complimentary extension of the classroom by providing activities for high school youth that teach lifelong lessons and develop responsible citizens. Communication with the general public takes many forms, not the least of which is a comprehensive Web site – [www.mshsl.org](http://www.mshsl.org).

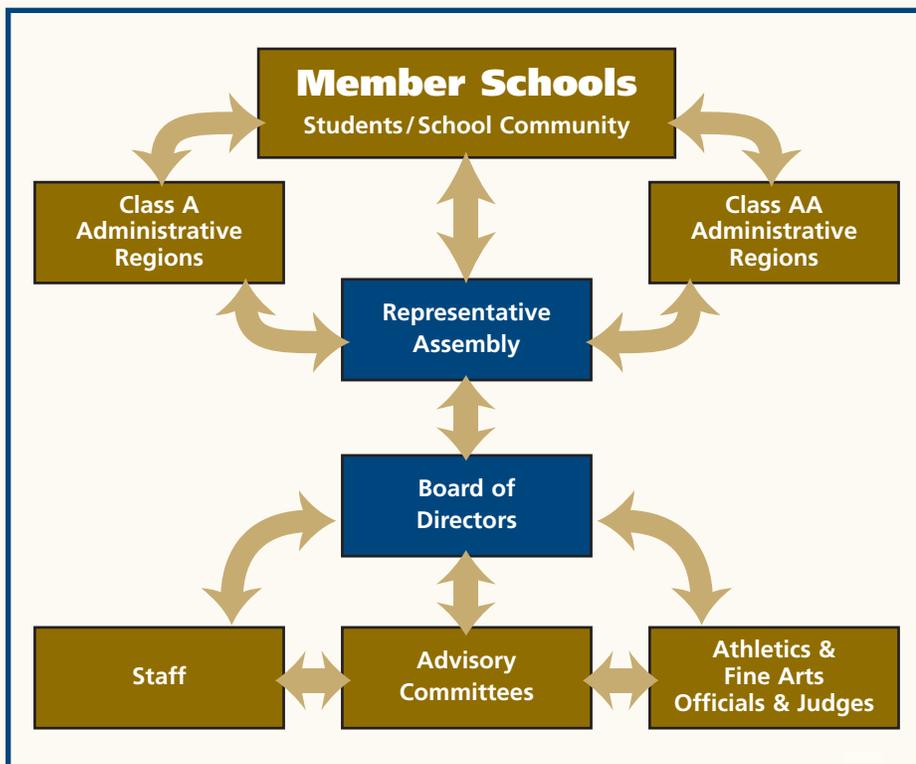


# GRASSROOTS GOVERNANCE

As a non-profit, voluntary association of public and private schools, the League is structured to listen to and respond to its members. Individual school boards decide every year to join the League. Each member school and its composite constituencies—students, parents, coaches, administrators, and school board members—have a voice at the grassroots level known as an administrative region. A committee comprised of representatives from those member schools makes decisions about how subsection and section competition is conducted. Each of these 16 committees—eight for schools with an enrollment of fewer than 500 students in grades 10-12 and eight for schools with an enrollment of 500 or more—also elect or appoint three people to serve on the Representative Assembly which acts on bylaws that govern eligibility and the administration of programs and activities. These committees also

review proposed changes to bylaws before consideration by the Representative Assembly. These region committees report to the 20-member Board of Directors, which oversees the administration of all programs and activities and structures the conduct of state tournaments. The Board of Directors solicits recommendations from various advisory committees. There is a Fine Arts Advisory Committee. Each activity has an advisory committee comprised of coaches involved with that activity. Athletics and activity directors also have an advisory committee. So do officials and sports medicine personnel.

The intent is to involve everyone, from students and their parents and coaches to school administrators and their elected school board members, in the decision-making process. Every person involved in any facet of high school activities can be heard.



Each of the 16 administrative regions is responsible for electing or appointing three people to serve on the Representative Assembly. Assembly members serve two-year terms.

# 2005-06 BYLAW CHANGES

Forty-eight people, representing the League's membership, comprise the Representative Assembly, the League's legislative body. The Assembly meets annually in mid-May to consider all bylaw proposals that come from League member schools, region committees, the Board of Directors and state athletics and fine arts associations.

League bylaws govern the addition of new activities, season lengths, number of contests, eligibility standards, and amateurism requirements of student athletes and fine arts participants. Bylaws also set requirements for conduct, enrollment, and they give direction to scholarship, student transfers, practices, and many other areas important to the sound administration of high school athletic and fine arts programs.

The Representative Assembly approved the following bylaw proposals during the 2005-06 school year—

## Bylaw 205.01, Chemically Eligibility

**Proposal:** Added the possession of drug paraphernalia to the chemical eligibility bylaw.

## Bylaw 500, Interscholastic Sports Activities

**Proposal:** Added boy' lacrosse as a League-sponsored spring activity.

## Bylaw 502, Daily/Season Player Participation Limitations

**Proposal:** Eliminates consecutive player participation limitations in boys' and girls' basketball, boys' and girls' hockey, and girls' lacrosse.

## Bylaw 522, Dance Team

**Proposal:** Eliminates the non-competitive fall girls' dance team season as a League-sanctioned activity.

# RECOGNITION

The League sponsors the—

- **Academics, Arts, and Athletics Awards (Triple "A")** for high school seniors that have a 3.0 or higher grade average and who participate in League-sponsored athletic and fine arts activities.
- **Spotlight on Scholarship** for students and school teams that maintain a "B" or better grade average.
- **Hall of Fame** for the most distinguished individuals involved in high school fine arts and athletics.
- **ExCEL Program** to honor high school juniors for community service, academic achievement and leadership.
- **Spotlight on the Arts** for outstanding student performances in speech, music, debate and one act play.
- **Challenge Cup** for schools that excel in section and state athletic and fine arts tournaments.

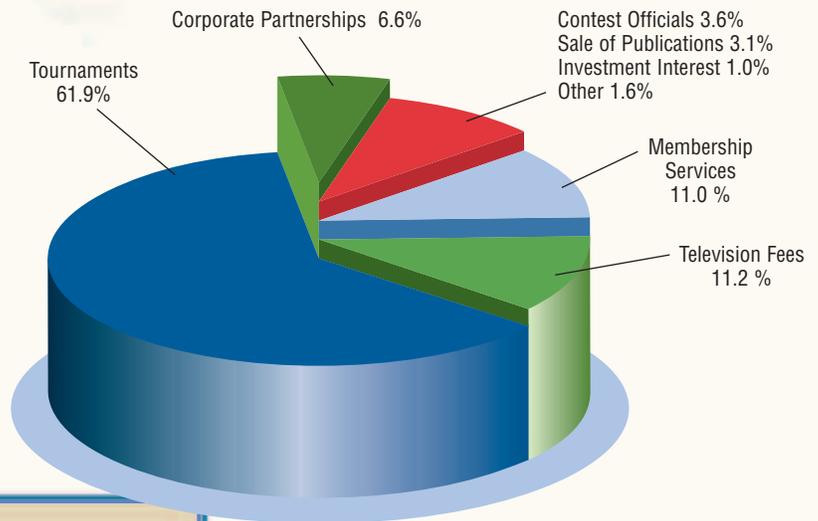
# LEAGUE FINANCES

The Minnesota State High School League is a non-profit organization. The League operates on an annual budget of about \$6.9 million and receives no funding from the state legislature.

Revenues generated from tournament ticket sales, broadcast rights fees, and other tournament related-income makes up the majority of the League's operating budget. The remaining portion of the budget comes from corporate contributions, publication sales, registration fees, and investment income.

At the end of each fiscal year, revenue remaining after all expenses are paid, is distributed to member schools fortunate enough to have competed at the state level. Those shares of revenue during the past 10 years have averaged \$652,000 each year, an average of \$1,800 per school.

The Office of the State Auditor for Minnesota audits all financial records of the League. The audit report is mailed to all League member schools.

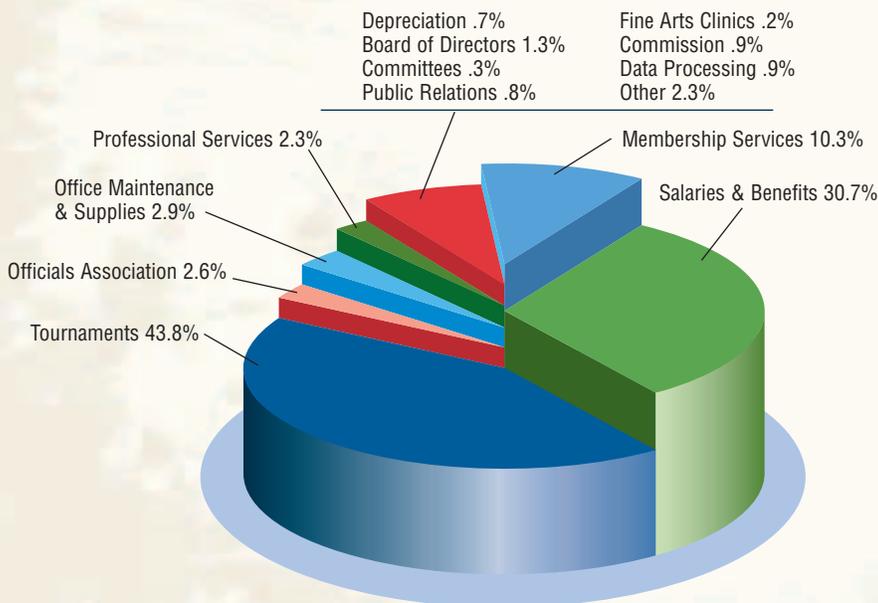


The League pays for and member schools receive—

- Catastrophic insurance coverage for student activity participants
- Tournament liability insurance
- Educational and training opportunities for coaches and contest officials
- Advisory committees that provide direct information to the Board of Directors
- Certificates, trophies and medals for students participating in League tournaments
- Student recognition programs
- Postage for mailing agendas, minutes of meetings, rule books, newsletters and requested information to member school and to anyone who requests to be on League mailing lists.

## REVENUES \$6,917,581

Tournaments \$4,281,972  
 Television Fee \$775,000  
 Membership Services \$760,450  
 Sale of Publications \$217,085  
 Contest Officials Registration \$245,840  
 Investment Interest \$70,920  
 Corporate Partnership \$454,750  
 Other \$111,564



## EXPENSES \$6,608,367

Tournaments & School Reimbursements \$2,895,975  
 Salaries & Benefits \$2,032,250  
 Professional Services \$151,471  
 Membership Services \$680,077  
 Office Maintenance & Supplies \$192,731  
 Other \$150,789  
 Board of Directors \$84,679  
 Committees \$21,441  
 Officials Association \$168,749  
 Depreciation \$49,366  
 Fine Arts Programs \$13,480  
 Public Relations \$49,991  
 Corporate Partnership Commission \$58,833  
 Data Processing \$58,535

## COMPARATIVE SCHEDULE OF TOURNAMENT REVENUES AND DIRECT EXPENSES

FOR THE YEARS ENDED JULY 31, 2006 AND 2005

Tournament	2006**			2005*		
	Revenues	Direct Expenses	Excess (Deficiency) of Revenues Over Direct Expenses	Revenues	Direct Expenses	Excess (Deficiency) of Revenues Over Direct Expenses
Baseball	104,320	75,127	29,193	83,776	69,702	14,074
Boys basketball	494,238	211,345	282,893	504,916	214,371	290,545
Girls basketball	271,446	184,595	86,851	273,335	198,450	74,885
Cross country running	14,247	30,686	(16,439)	13,686	31,892	(18,206)
Football	896,963	290,160	606,803	804,027	274,228	529,799
Golf	5,272	43,305	(38,033)	4,941	30,865	(25,924)
Girls gymnastics	47,917	88,853	(40,936)	44,873	78,070	(33,197)
Boys hockey	1,167,443	278,443	889,000	1,184,132	261,850	922,282
Nordic ski racing	2,835	20,283	(17,448)	2,866	14,001	(11,135)
Alpine skiing	3,014	19,818	(16,804)	2,284	15,177	(12,893)
Soccer	172,964	102,601	70,363	143,342	95,048	48,294
Girls softball	54,500	48,282	6,218	53,164	48,074	5,090
Boys swimming & diving	45,043	44,637	406	46,898	43,135	3,763
Girls swimming & diving	51,147	46,093	5,054	49,286	45,031	4,255
Boys tennis	3,464	29,905	(26,441)	4,915	23,927	(19,012)
Girls tennis	5,114	31,084	(25,970)	6,889	28,367	(21,478)
Track and field	104,734	119,200	(14,466)	91,174	89,426	1,748
Girls volleyball	140,648	108,666	31,982	109,751	100,484	9,267
Wrestling	390,352	190,271	200,081	368,006	183,185	184,821
Synchronized swimming	0	540	(540)	0	433	(433)
Adapted soccer	8,046	15,695	(7,649)	7,321	15,086	(7,765)
Adapted floor hockey	9,706	15,854	(6,148)	7,639	14,478	(6,839)
Adapted softball	5,930	15,374	(9,444)	5,393	15,459	(10,066)
Adapted bowling	392	10,770	(10,378)	364	3,380	(3,016)
Debate	198	14,712	(14,514)	226	11,361	(11,135)
Speech	4,343	42,449	(38,106)	4,277	34,363	(30,086)
One act play	13,720	16,958	(3,238)	14,675	9,529	5,146
Girls hockey	136,144	120,493	15,651	145,221	83,412	61,809
Cheerleading	0	6,888	(6,888)	42	7,208	(7,166)
Girls dance team	127,831	82,049	45,782	108,142	80,267	27,875
Girls lacrosse	0	1,015	(1,015)	0	951	(951)
Visual Arts	0	591	(591)	0	25	(25)
<b>Total</b>	<b>4,281,971</b>	<b>2,306,742</b>	<b>1,975,229</b>	<b>4,085,561</b>	<b>2,121,235</b>	<b>1,964,326</b>

The tournament direct expenses shown above include only those expenses that are directly associated with conducting the tournaments (i.e. personnel, site and program costs). School expense reimbursement and indirect costs such as membership services, salaries and benefits, postage, and other general administrative costs of the MSHSL have not been allocated to any specific tournaments and therefore, are not included in the schedule shown above.

\* From State Auditor's Report

\*\* End of year balance on League financial statements

## A 10-YEAR COMPARISON OF SCHOOL REIMBURSEMENTS FOR TOURNAMENT PARTICIPATION

	Number of Schools Participating	Total Amount Returned	Average Per School
1996-97	352	806,136	2,290
1997-98	358	800,394	2,236
1998-99	357	918,296	2,572
1999-00	352	650,581	1,848
2000-01	357	671,141	1,879
2001-02	359	476,296	1,326
2002-03	360	256,233	712
2003-04	357	669,084	1,874
2004-05	364	671,022	1,843
2005-06	365	600,689	1,645

# MINNESOTA STATE HIGH SCHOOL LEAGUE ACTIVITY

More than 200,000 student athletes participate in at least one sports program offered by the 400 plus high schools in the state. League member schools offer an average of 18 athletic programs. The information below was compiled at the conclusion of the 2005-06 school year based on the on-line responses from 499 schools.

## Adapted Bowling (Co-ed)

- 28 participating schools (CI)
- 216 participating individuals (CI)
- 23 participating schools (PI)
- 94 participating individuals (PI)
- 2 Championships - CI/PI

**Nationally:** 55 participating schools  
381 participants

## Adapted Floor Hockey (Co-ed)

- 57 participating schools (CI)
- 469 participating individuals (CI)
- 62 participating schools (PI)
- 339 participating individuals (PI)
- 2 Championships - CI/PI

**Nationally:** 121 participating schools  
844 participants

## Adapted Soccer (Co-ed)

- 61 participating schools (CI)
- 491 participating individuals (CI)
- 52 participating schools (PI)
- 321 participating individuals (PI)
- 2 Championships - CI/PI

**Nationally:** 113 participating schools  
812 participants

## Adapted Softball (Co-ed)

- 53 participating schools (CI)
- 459 participating individuals (CI)
- 52 participating schools (PI)
- 323 participating individuals (PI)
- 2 Championship - CI/PI

**Nationally:** 107 participating schools  
830 participants

**FYI:** Minnesota was the first of three state associations to sponsor adapted athletic programs for students with disabilities.

## Girls' Badminton

- 17 participating schools
- 618 participating individuals

**Nationally:** 410 participating schools  
10,804 participants

## Baseball

- 429 participating schools
- 13,778 participating individuals
- 3 Championships

**Nationally:** 15,290 participating schools  
470,671 participants

**FYI:** Baseball is the third most popular sport for boys in Minnesota.

## Boys' Basketball

- 464 participating schools
- 14,091 participating individuals
- 4 Championships

**Nationally:** 17,535 participating schools  
546,335 participants

**FYI:** Basketball is the second most popular sport for boys in Minnesota.

## Girls' Basketball

- 457 participating schools
- 11,707 participating individuals
- 4 Championships

**Nationally:** 17,275 participating schools  
452,929 participants

**FYI:** Nationwide, basketball is the most popular sport for girls. It's the third most popular sport for girls in Minnesota.

## Boys' Cross Country Running

- 329 participating schools
- 5,408 participating individuals
- 2 Championships

**Nationally:** 13,110 participating schools  
208,303 participants

## Girls' Cross Country Running

- 336 participating schools
- 4,444 participating individuals
- 2 Championships

**Nationally:** 12,989 participating schools  
175,954 participants

## Girls' Dance Team (competitive)

- 307 participating schools
- 6991 participating individuals
- 6 Championships

**FYI:** Minnesota is the only state high school association that sponsors competitive Dance Team.

## Football

- 439 participating schools
- 27,961 participating individuals
- 6 Championships

**Nationally:** 14,241 participating schools  
1,078,921 participants



**FYI:** Nationwide, football is the most popular sport for boys. It's also the activity involving the most student-athletes in Minnesota.

## Boys' Golf

- 387 participating schools
- 6,224 participating individuals
- 2 Championships

**Nationally:** 13,267 participating schools  
161,284 participants

## Girls' Golf

- 379 participating schools
- 3,883 participating individuals
- 2 Championships

**Nationally:** 8,816 participating schools  
64,195 participants

## Girls' Gymnastics

- 189 participating schools
- 2,536 participating individuals
- 2 Championships

**Nationally:** 1,484 participating schools  
17,435 participants

## Boys' Ice Hockey

- 268 participating schools
- 5,438 participating individuals
- 2 Championships

**Nationally:** 1,503 participating schools  
36,263 participants

## Girls' Ice Hockey

- 234 participating schools
- 3,634 participating individuals
- 2 Championships

**Nationally:** 445 participating schools  
7,152 participants

## Girls' Lacrosse

- 24 participating schools
- 1,226 participating individuals

**Nationally:** 1,349 participating schools  
51,977 participants

## Boys' Alpine Ski

- 91 participating schools
- 1,007 participating individuals
- 1 Championship

**Nationally:** 484 participating schools  
5,490 participants

## Girls' Alpine Ski

- 94 participating schools
- 737 participating individuals
- 1 Championship

**Nationally:** 471 participating schools  
4,261 participants

## Boys' Nordic Ski Racing

- 113 participating schools
- 1,436 participating individuals
- 1 Championship

**Nationally:** 332 participating schools  
3,548 participants

## Girls' Nordic Ski Racing

- 113 participating schools
- 1,805 participating individuals
- 1 Championship

**Nationally:** 319 schools  
3,779 participants

## Boys' Soccer

- 207 participating schools
- 7,890 participating individuals
- 2 Championships

**Nationally:** 10,580 participating schools  
358,935 participants

# PROGRAMS AND PARTICIPANTS

## Girls' Soccer

- 200 participating schools
- 7,900 participating individuals
- 2 Championships

**Nationally:** 9,970 participating schools  
321,555 participants

## Girls' Fastpitch Softball

- 417 participating schools
- 11,578 participating individuals
- 3 Championships

**Nationally:** 14,710 participating schools  
369,094 participants

## Boys' Swimming & Diving

- 146 participating schools
- 2,951 participating individuals

**Nationally:** 6,224 participating schools  
107,468 participants

## Girls' Swimming & Diving

- 204 participating schools
- 5,467 participating individuals
- 2 Championships

**Nationally:** 6,559 participating schools  
147,413 participants

## Girls' Synchronized Swimming

- 19 participating schools
- 573 participating individuals

No national information is available

## Boys' Tennis

- 194 participating schools
- 4,471 participating individuals
- 2 Championships

**Nationally:** 9,706 participating schools  
153,006 participants

## Girls' Tennis

- 229 participating schools
- 5,539 participating individuals
- 2 Championships

**Nationally:** 9,816 participating schools  
173,753 participants

## Boys' Track & Field

- 435 participating schools
- 13,726 participating individuals
- 2 Championships

**Nationally:** 15,497 participating schools  
533,985 participants

## Girls' Track & Field

- 437 participating schools
- 13,036 participating individuals
- 2 Championships

**Nationally:** 15,417 participating schools  
439,200 participants

**FYI:** Track is the second most popular sport for girls in Minnesota.

## Girls' Volleyball

- 448 participating schools
- 14,213 participating individuals
- 3 Championships

**Nationally:** 14,578 participating schools  
390,034 participants

**FYI:** Volleyball is the most popular sport for girls in Minnesota.

## Wrestling

- 351 participating schools
- 7,677 participating individuals
- 3 Championships

**Nationally:** 9,744 participating schools  
251,534 participants

## Cheerleading

- 348 participating schools
- 5,920 participating individuals

**Nationally:** 4,402 participating schools  
100,936 participants

## FINE ARTS

There are more than 80,000 students involved in fine arts activities—debate, speech, drama, music, and the visual arts during the 2005-06 school year. On average, League member schools offer 2.6 fine arts activities.

## Debate

- 75 participating schools
- 1,581 participating individuals
- 1 Championship

## One Act Play

- 319 participating schools
- 4,674 participating individuals
- 2 Championships

## Speech

- 355 participating schools
- 8,157 participating individuals
- 2 Championships

## Visual Arts

- 228 participating schools
- 5,385 participating individuals

## Music

Section/state music festivals are held throughout the state January through May.

## Bands

- 425 participating schools
- 33,540 participating individuals

## Orchestra

- 188 participating schools
- 3,440 participating individuals

## Vocal

- 411 participating schools
- 35,661 participating individuals

**FYI:** There is no national information available for fine arts programs.

# LEAGUE-SPONSORED ACTIVITIES

Debate

Drama

Speech

Music

Visual Arts

Cheerleading

Girls' Badminton

Girls' Dance Team

Girls' Gymnastics

Girls' & Boys' Golf

Girls' & Boys' Swimming & Diving

Girls' & Boys' Basketball

Baseball

Girls' Softball

Girls' & Boys' Nordic Ski Racing

Girls' & Boys' Alpine Skiing

Girls' & Boys' Tennis

Girls' & Boys' Hockey

Football

Wrestling

Girls' Volleyball

Girls' & Boys' Track & Field

Girls' Synchronized Swimming

Girls' & Boys' Cross Country Running

Girls' & Boys' Soccer

Girls' Lacrosse

Adapted Soccer

Adapted Floor Hockey

Adapted Softball

Adapted Bowling

A national survey shows that the number of participants in high school athletics increased for the 17th consecutive year in 2005-06 and topped 7-million for the second time in history. Minnesota ranks 10th in the nation in the total number of students, 213,476, involved in high school sports.





**teamup** builds strong communications with schools, students, parent, and community.

**teamup** promotes school, student, parent, and community cooperation.

**teamup** creates an environment that fosters respect, responsibility, fairness, and integrity.

The Minnesota State High School League embarked on a new, innovative initiative — **teamUP** — for its member schools during the 2005-06 school year. TeamUp is a resource-based program that provides educational materials to school administrators to help them create a positive, safe athletic environment that promotes respect, responsibility, fairness and integrity.

The League annually develops two-to-three educational modules that focus on education, eligibility, and health and wellness. School administrators can easily use these TeamUp resources in forums that currently exist in their school, such as parent-student preseason meetings, coaches meetings, school assemblies, and in other community settings.

### **Administrators receive meaningful, pre-packaged, adaptable programming ready for delivery**

All of the TeamUp modules contain a video or presentation tool, a facilitator's guide, and various "best practice" resources that have been collected from administrators across Minnesota and from experts from across the nation. Administrators can use these materials to strengthen their own messages and facilitate open discussion about a variety of subjects, such as sportsmanship, use of steroids, student eligibility, hazing, and other relevant topics.

"High school athletic and activity administrators are on a constant quest to find new and innovative ways to provide meaningful experiences that build positive partnerships within their school communities," explains Jody Redman, associate director of the League and facilitator of the TeamUp program. "TeamUp places practical tools into their hands without them having to undertake the time-consuming task of creating handouts, presentations, and programming."

David Stead, executive director of the League, adds, "Reaching out with TeamUp resources, teaching and training, we are fulfilling our mission to provide educational opportunities for students and leadership for our membership."

### **40-percent user rate**

Already used by 40-percent of League member schools, TeamUp materials are free and distributed to schools in July of each year. "We know this number will increase as we continue to develop a library of TeamUp resources," says Redman, who takes direction from a 25 member task force before developing TeamUp programming. The League does not require its members to use TeamUp materials, but there have been discussions to create a recognition program for those schools that use the materials to build better relations with their school community stakeholders.

These are the TeamUp resources now available to League member schools:

### **Hazing: The Painful Truth**

A video included in this module re-enacts an actual hazing incident and explains in detail the League's rules and penalties for hazing.

### **Are You Ready**

This module provides answers to commonly asked questions about League student eligibility rules.

### **ADvantage\***

An athletic director's assistance program designed to help them with answering questions about or explaining eligibility rules to coaches, parents, and students. The material is presented in an "I-brochure" format that is easy to use and understand.

### **The Physiological Effects of Alcohol**

An in-depth look at the physiological effects of alcohol on students' ability to learn and the resulting impact it has on their athletic performance. This module also contains a powerful video titled "This Place" that details the many ways our society allows and even encourages children to consume alcohol.

### **Heads Up: Concussion**

Outlines the warning signs and symptoms of concussions and what to do when recognized.

### **Make the Right Choice**

Created to address the growing problem of steroid abuse by our nation's youth. This module includes a gripping video in which parents share the heartbreak of losing a son to steroids. Athletes also tell about their loss of health due to steroids, and representatives from the NFL speak out against steroid use.

**"Reaching out with **teamUP** resources, teaching and training, we are fulfilling our mission to provide educational opportunities for student and leadership for our membership."**

### **The Coach's Asthma Clipboard**

An online tool that assists coaches with dealing with asthma emergencies.

### **TeamUp for Sportsmanship**

Designed to heighten the awareness of sportsmanship at high school events. In the video, student athletes speak out about parents' roles in their child's athletic experiences. It emphasizes respect. It also communicates a set of statewide behavior expectations that were distilled at a Sportsmanship Summit that included more than 90 students from around the state.

### **Working Together to Get It Right**

This module addresses the importance of sportsmanship from the officials' perspective. The message is simple — that officials are human and will make mistakes, but never on purpose!

\* Available Spring 2007

# 2006-07 MSHSL CALENDAR OF EVENTS

## FALL

<b>Girls' Tennis</b>	Oct.25-28	AA – Life Time Fitness 98th Street, Bloomington A – Reed-Sweatt Family Tennis Center, Minneapolis
<b>Boys' &amp; Girls' Soccer</b>	Oct. 25/27, Oct. 31, Nov. 1-2	Quarterfinals – Various Sites Semifinals & Finals – Metrodome, Minneapolis
<b>Boys' &amp; Girls' Cross Country Running</b>	Nov. 4	St. Olaf College, Northfield
<b>Girls' Volleyball</b>	Nov. 9-11	Xcel Energy Center, St. Paul
<b>Adapted Soccer</b>	Nov. 10-11	Stillwater Area High School
<b>Football</b>	Nov. 10, 16-17, 24	Quarterfinals – Various Sites Semifinals & Prep Bowl – Metrodome, Minneapolis
<b>Girls' Swimming &amp; Diving</b>	Nov. 20-22	U of M Aquatic Center, Minneapolis

## WINTER

<b>Debate</b>	Jan. 19-20	Coon Rapids High School
<b>One Act Play</b>	Feb. 8-9	O'Shaughnessy Auditorium, College of St. Catherine AA – Friday, February 9 A – Thursday, February 8
<b>Boys' &amp; Girls' Alpine Skiing</b>	Feb. 15	Giants Ridge, Biwabik
<b>Boys' &amp; Girls' Nordic Skiing</b>	Feb. 16	Giants Ridge, Biwabik
<b>Girls' Dance Team</b>	Feb. 16-17	Xcel Energy Center, St. Paul
<b>Girls' Hockey</b>	Feb. 21-24	Xcel Energy Center, St. Paul
<b>Girls' Gymnastics</b>	Feb. 23-24	Roy Wilkins Auditorium, St. Paul
<b>Boys' Swimming &amp; Diving</b>	March 1-3	U of M Aquatic Center, Minneapolis
<b>Wrestling</b>	Feb. 28, March 1-3	Xcel Energy Center, St. Paul
<b>Boys' Hockey</b>	March 7-10	Xcel Energy Center, St. Paul
<b>Girls' Basketball</b>	March 14-17	Target Center, Mpls. & Williams Arena, Mpls.
<b>Adapted Floor Hockey</b>	March 16-17	Bloomington Jefferson High School
<b>Boys' Basketball</b>	March 21-24	Target Center, Mpls. & Williams Arena, Minneapolis

## SPRING

<b>Speech</b>	April 20-21	South St. Paul High School AA – Saturday, April 21 A – Friday, April 20
<b>Adapted Bowling</b>	May 18	Brunswick Eden Prairie Lanes
<b>Adapted Softball</b>	June 1-2	Coon Rapids High School
<b>Boys' &amp; Girls' Golf</b>	June 5-7	AA – Bunker Hills, Coon Rapids A – Izatys, Onamia
<b>Boys' Tennis</b>	June 5-8	AA – Life Time Fitness 98th Street, Bloomington A – Northwest Athletic Club, Burnsville
<b>Girls' Softball</b>	June 7-8	Caswell Park, North Mankato
<b>Boys' &amp; Girls' Track &amp; Field</b>	June 8-9	Hamline University, St. Paul
<b>Baseball</b>	June 14-15	AAA – Midway Stadium, St. Paul & Dick Siebert Field, Minneapolis AA – Dick Putz & Joe Faber Fields, St. Cloud A – Chaska Athletic Park & Mini Met, Jordan

Photography Credits: 20-20 Photographic; Mark Erickson Photography

This report is a publication of the Minnesota State High School League.

No reproduction of this document is permissible without the express written consent of the Minnesota State High School League.

al opportunities • interscholastic athletic programs • fine art  
educational opportunities • interscholastic athletic programs • fine arts programs  
leadership • support • sportsmanship • equal opportunity • respect  
leadership • support • sportsmanship • equal opportunity • respect



# MINNESOTA STATE HIGH SCHOOL LEAGUE ANNUAL REPORT 2005-2006



Minnesota State High School League • 2100 Freeway Boulevard • Brooklyn Center, Minnesota 55430-1735  
(763) 560-2262 • Fax (763) 569-0499 • [www.mshsl.org](http://www.mshsl.org)