



STATE of MINNESOTA

Proclamation

- WHEREAS: Healthy attitudes and accurate information about sex, sexuality, and healthy relationships are essential to raising responsible, self-reliant young people; and
- WHEREAS: Parents, primary caregivers, and other caring adults play an important role in helping young people make healthy decisions about sex, sexuality, and healthy relationships; and
- WHEREAS: Adolescents who have parents that are open, responsive, comfortable, and confident in discussions about sex and related issues participate less frequently in risky sexual behaviors; and
- WHEREAS: Sexuality education is a process, and not just a one-time "talk." Most young people indicate a preference for learning about sex from their parents or primary caregiver, but many parents find these conversations difficult and need support and encouragement to start; and
- WHEREAS: Parents/guardians and their children should have many conversations about sexual health that are honest, age appropriate, timely, and rooted in trust and comfort; and
- WHEREAS: "Let's Talk Month" is a national and statewide initiative that supports partnerships between families and their communities in order to help foster positive attitudes about sexuality, and promote open and honest conversation with young people about relationships and sexuality; and
- WHEREAS: The Minnesota Department of Health will recognize "Let's Talk Month" through the "Make a Date" campaign, which supports and encourages parents, primary caregivers, and other caring adults to have open, honest, and appropriate conversations with young people about sexuality. These efforts will help foster responsible and positive attitudes toward sexuality, while also promoting healthy sexual behavior.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim the month of October 2018, as:

LET'S TALK MONTH

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 28th day of September.


GOVERNOR



SECRETARY OF STATE